

IT'S TIME TO RAISE THE ALARM!

Building caring networks of support for learners during the pandemic

The pandemic has intensified existing problems in our society



Unemployment



Hunger



Domestic violence

We need to build support systems for learners in our communities

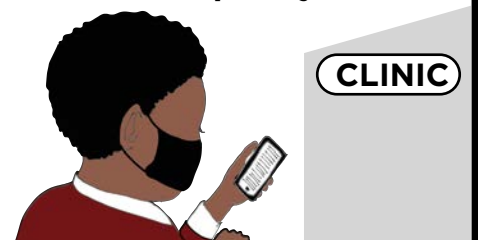
Every learner needs just one supportive adult in their life



Any adult can help, not only a parent



We need to make sure that learners know where to seek the help they need



Numbers to call when you need support

Anxiety or Mental Health



0800 456 789

Gender-based Violence



0800 428 428

Lifeline Counselling



0861 322 322

Childline



0800 055 555

Educational Resources



zerodropout.co.za

What can you do?

- ✓ Check in with learners. Ask them about their interests
- ✓ If you see someone struggling, lend a supportive hand
- ✓ Ask for help from educators and community members
- ✓ Form parental WhatsApp groups to share ideas, experiences and support one another
- ✓ For more info on the pandemic go to sacoronavirus.co.za

